



Food Legislation News

No. 1 – February 2024

News from the BfR

Amongst others, the German Federal Institute for Risk Assessment (Bundesinstitut für Risikobewertung (BfR)) published the following:

Spicy test of courage – health risks from extremely spicy food:

The burning hot taste of chilli peppers and foods seasoned with chilli is caused by ingredients from the capsaicinoid group (such as capsaicin). The excessive consumption of the alkaloid capsaicin can lead to serious health problems and children in particular react sensitively to hot chilli products. The BfR recommends labelling chilli and other seasoning sauces as well as products containing more than 100 mg capsaicin per kilogram of food and providing the packaging with child-resistant closures (Communication 39/2023, updated on 20 November 2023, in German: <https://www.bfr.bund.de/cm/343/scharfe-mutprobe-extrem-scharfe-speisen-koennen-besonders-kindern-gesundheitlich-schaden.pdf>).

Food supplements with vitamin D:

In its statement 055/2023 of 31 October 2023, the BfR advises against general vitamin D supplementation. However, as vitamin D deficiency should absolutely be avoided, it is recommended that people who wish to supplement vitamin D should take food supplements containing up to 20 µg of vitamin D (800 IU) per day. This dosage is considered to be safe for health even with long-term use and taking into account other sources of vitamin D in the food (in German: <https://www.bfr.bund.de/cm/343/nahrungs-ergaenzungsmittel-mit-vitamin-d-sinnvoll-oder-ueberfluessig.pdf>).

However, high-dose food supplements with vitamin D can impair health in the long term (Statement 065/2023 of 7 December 2023, in German: <https://www.bfr.bund.de/cm/343/hochdosierte-nahrungs-ergaenzungsmittel-mit-vitamin-d-koennen-langfristig-die-gesundheit-beeintraechtigen.pdf>).

Copper – FAQ:

On 1 November 2023, the BfR published a catalogue of questions and answers regarding the intake of copper (in German: https://www.bfr.bund.de/de/aufnahme_von_kupfer_in_spuren_lebensnotwendig_in_groesseren_mengen_risikant-313260.html).

Coenzyme Q10 – FAQ:

The BfR compiled questions and answers regarding the coenzyme Q10 on 10 November 2023 (<https://www.bfr.bund.de/cm/349/coenzyme-q10-what-is-known-about-the-health-risks-and-what-is-not.pdf>).

Preparations with omega-3 fatty acids – risk for heart patients:

An evaluation of several clinical studies has shown that the intake of omega-3 fatty acid-containing preparations can increase the risk of atrial fibrillation (a heart rhythm disorder) in people with an existing or impending heart disease. The risk increases with the daily dose. Therefore, the BfR recommends that particularly those with a heart disease or corresponding risk factors only take omega-3 fatty acid-containing medicines or food supplements in consultation with a doctor.

In addition, the BfR points out that the omega-3 fatty acids naturally occurring in fish do not reach the intake levels associated with the described health risks when fish is consumed regularly once or twice a week. On the contrary: regular fish consumption has health-promoting effects (Communication 57/2023 of 16 November 2023, <https://www.bfr.bund.de/cm/349/omega-3-fatty-acid-supplements-can-increase-the-risk-of-atrial-fibrillation-in-heart-patients.pdf>).

BfR2GO:

The 2/2023 edition of the science magazine of the BfR ("BfR2GO") was released and is available at <https://www.bfr.bund.de/cm/364/bfr-2-go-issue-2-2023.pdf>.

Matrine and oxymatrine in liquorice root:

Residues of the plant alkaloids matrine and oxymatrine were found in samples of liquorice root and liquorice extracts, as used in the production of liquorice. The BfR assessed the health risk of these residues and concluded that the likelihood of negative effects on human health is low according to current knowledge (Statement 067/2023 of 19 December 2023, <https://www.bfr.bund.de/cm/349/plant-alkaloids-in-liquorice-roots-genetic-damage-by-matrine-and-oxymatrine-unlikely.pdf>).

New mandatory deposit for milk – effects?

If bottles made of disposable plastic in which milk, milk products and mixed milk drinks were filled are returned via deposit return machines, beverage residues contaminate the machines. However, in its current assessment, the BfR comes to the conclusion that an increased health risk for consumers is not to be expected. The BfR also considers the effects on food safety to be unlikely (Communication 0001/2024 of 10 January 2024, in German: <https://www.bfr.bund.de/cm/343/neue-pfandpflicht-fuer-milch-auswirkungen-auf-die-lebensmittelsicherheit-bei-sachgerechter-reinigung-der-automaten-nicht-zu-erwarten.pdf>).

E. coli in flour and dough – FAQ:

In particular, Shiga toxin-producing *Escherichia coli* (STEC), which can cause serious illness in humans, were repeatedly detected in flour, baking mixes and dough samples. The BfR compiled a catalogue of questions and answers on what is important for "enjoyment without remorse" (FAQ from 15 January 2024, in German: <https://www.bfr.bund.de/cm/343/escherichia-coli-in-mehl-und-teig-was-ist-wichtig-fuer-einen-genuss-ohne-reue.pdf>).

EFSA publications

Amongst others, the European Food Safety Authority (EFSA) published the following:

Smoke flavourings:

The EFSA has re-evaluated eight primary products for the production of smoke flavourings from a health perspective. Genotoxic (mutagenic) substances were detected in six products, while safety concerns could not be ruled out for two products due to a lack of data.

Links:

- Smoke flavourings: <https://www.efsa.europa.eu/en/topics/topic/smoke-flavourings>
- Smoke flavourings, questions and answers with Wim Mennes: <https://www.efsa.europa.eu/en/news/smoke-flavourings-qa-wim-mennes-efsas-working-group-chair-flavourings>

UL reassessment for folate:

In its Statement published on 13 November 2023, EFSA set a tolerable upper daily intake level (UL) of 1000 µg folic acid per day. For children, ULs of between 200 and 800 µg/day are derived, depending on the individual's age (<https://www.efsa.europa.eu/de/efsajournal/pub/8353>).

UL reassessment for manganese:

In its Statement of 8 December 2023, the EFSA explained that it is currently not possible to set a UL for manganese due to a lack of data. It is, therefore, proposed to set a safe intake level of 8 mg manganese/day for adults and between 2 and 7 mg/day for other population groups (<https://www.efsa.europa.eu/de/node/18095>).

Modifications regarding pesticides

Glyphosate – approval extension:

With Implementing Regulation (EU) 2023/2660, the active agent glyphosate was approved for a further 10 years in the EU. However, the authorisation is subject to various conditions and restrictions (https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=OJ:L_202302660).

The Federal Office of Consumer Protection and Food Safety (BVL) extended the corresponding approvals, which were previously valid until 15 December 2023, to 15 December 2024 (in German: https://www.bvl.bund.de/SharedDocs/Fachmeldungen/04_pflanzenschutzmittel/2023/2023_12_04_Fa_Zulassungsende_PSM_Glyphosat.html).

Information on pesticides from the BVL:

Extensive information on approved pesticides, revoked and suspended approvals as well as on emergency approvals, for example, can be obtained on the homepage of the Federal Office of Consumer Protection and Food Safety (BVL) at www.bvl.bund.de (https://www.bvl.bund.de/EN/Tasks/04_Plant_protection_products/01_ppp_tasks/02_ppp_AuthorisationReviewActSub/01_ppps_authorised/ppp_authorised_node.html).

Further publications of the BVL

The Federal Office of Consumer Protection and Food Safety (BVL) released, amongst others, the following information:

Annual reports 2022:

The BVL published various reports on the subject of food safety on its website:

Links:

- Overview reports (in German):
https://www.bvl.bund.de/DE/Service/01_Infothek/03_berichte/infothek_berichte_node.html
- Monitoring 2022:
https://www.bvl.bund.de/SharedDocs/Downloads/01_Lebensmittel/01_Im_mon_dokumente/01_Monitoring_Berichte/2022_Im_monitoring_bericht_en.pdf?__blob=publicationFile&v=2
- Zoonotic diseases – monitoring:
https://www.bvl.bund.de/EN/Tasks/01_Food/01_tasks/02_OfficialFoodControl/06_ZoonosesMonitoring/ZoonosesMonitoring_node.html
- Report regarding the Nationwide Monitoring Plan 2022 (in German):
https://www.bvl.bund.de/DE/Arbeitsbereiche/01_Lebensmittel/01_Aufgaben/02_AmtlicheLebensmittelueberwachung/03_BUEP/Im_buep_node.html

In addition, background information was published in a press release (in German: https://www.bvl.bund.de/SharedDocs/Downloads/10_Veranstaltungen/JPK2023/jpk23-praesentation.pdf?__blob=publicationFile&v=3), reporting, among other things, on the microbiological contamination of fattening poultry and loose olives as well as on the insufficient amount of squid in squid rings.

Veterinary drugs:

The BVL published the announcements regarding the approval of veterinary drugs and other official acts as of 24 October and 21 November 2023.

Links (in German):

- https://www.bvl.bund.de/SharedDocs/Fachmeldungen/05_tierarzneimittel/2023/2023_11_23_Fa_Bekanntmachung_Zulassung_TA.html
- https://www.bvl.bund.de/SharedDocs/Fachmeldungen/05_tierarzneimittel/2023/2023_11_23_Fa_Bekanntmachung_Zulassung_TA_2.html
- https://www.bvl.bund.de/SharedDocs/Fachmeldungen/05_tierarzneimittel/2024/2024_01_02_Fa_Bekanntmachung_Zulassung_TA.html.

Sentences

Misleading advertising with the regionality:

The claim "German poultry from regional farms" is misleading if the poultry is sold in Stuttgart but comes from farms in Saxony-Anhalt. This decision by the Oldenburg Higher Regional Court as of 28 February 2023 is now legally binding following the dismissal of the appeal against denial of leave to appeal by the Federal Court of Justice at the end of November 2023 (Oldenburg Higher Regional Court Ref. no. 6 U 125/22, previous instance Oldenburg Regional Court, 13 September 2022, Ref. no. 12 O 112/22; in German: <https://www.verbraucherzentrale-bawue.de/pressemeldungen/presse-bw/wiesenhof-scheitert-vor-dem-bundesgerichtshof-90015>).

Food supplements – health-related indications:

If advertising for an intestinal rehabilitation programme suggests to the consumer that the dietary supplements used for this purpose, among other things, have a positive effect on health, then this is to be regarded as an inadmissible health claim (District Court Frankfurt a.M., 27 October 2023, Ref. no. 3-10 O 34/23, not legally binding, in German: <https://dejure.org/dienste/vernetzung/rechtsprechung?Gericht=LG%20Frankfurt%2FMain&Datum=27.10.2023&Aktenzeichen=10%20O%2034%2F23>).

Beer – delusion of origin, suspicion of "greenwashing":

The District Court of Munich considers the designation "Wunderbraeu" for a beer in connection with the indication of an address in Munich, which is typical for breweries, to be a misleading indication of origin, as the beer is not brewed there. Secondly, the court objects to the claims "CO2 positive" and "climate-neutral production" because the consumer was not sufficiently informed about the assessment standards for these claims (Munich District Court, 8 December 2023, Ref. no. 37 O 2041/23, not legally effective, in German: <https://www.justiz.bayern.de/gerichte-und-behoerden/landgericht/muenchen-1/presse/2023/32.php>).

Wine – advertising with environmental compatibility:

The advertising message "FOOT PRINT REDUCES YOUR CO2 FOOTPRINT" on a wine bottle is misleading without sufficient explanatory information if the wine contained in the bottle does not also contribute to reducing the CO2 footprint (reference decision of the Higher Regional Court of Nuremberg, 15 November 2023, Ref. 3 U 1722/23, in German: <https://www.gesetze-bayern.de/Content/Document/Y-300-Z-GRURRS-B-2023-N-36495?hl=true>; previous instance District Court of Amsberg, 14 July 2023, Ref. 41 HK O 959/22).

Miscellaneous

Nutritional labelling of wine, sparkling wine and mulled wine:

The labelling requirements for wine, sparkling wine and aromatised wine products laid down in Regulation (EU) 2021/2117 have been in force since 8 December 2023. For products manufactured starting from this date, it is mandatory to include a list of ingredients and nutritional labelling, among other things (<https://eur-lex.europa.eu/legal-content/EN/TXT/PDF/?uri=CELEX:32021R2117>).

Novel Food Status Catalogue update:

On 16 November 2023, the EU Commission replaced the Novel Food Status Catalogue with a revised version. It is expressly pointed out that the catalogue is non-binding and should always be read in conjunction with the Union list of novel foods (https://food.ec.europa.eu/safety/novel-food/novel-food-status-catalogue_en?etransnolive=1).

Last update: 15 January 2024

EC Alert Notifications

Following are notifications chosen from the European Rapid Alert System for Food and Feed. Considered were alerts for food, information and border rejections which arrived **between 4 November 2023 and 23 January 2024**.

Source:

https://www.bvl.bund.de/DE/Arbeitsbereiche/01_Lebensmittel/01_Aufgaben/04_Warn_und_Informationssysteme/00_Warn_und_Informationssysteme/01_RASFF/021_aktuelle_rasff_meldungen/aktuelle_meldungen_lm_box.html (in German)

Reason for Notifying	Product	Country of Origin	Notes	Number
Mycotoxins				
Aflatoxins total: 95	peanuts, pistachios, figs, almonds, hazelnuts, brazil nuts (including products)			89
	rice flour	Netherlands	B1: 3.1 µg/kg	1
	maize flour, polenta	Cote d'Ivoire, Bosnia and Herzegovina	B1: up 58.6 µg/kg	2
	popcorn	Argentina	B1: 8.8 µg/kg; total: 9.4 µg/kg	1
	nutmeg	Indonesia	B1: 11 µg/kg	1
	cheese spread	Serbia	M1: 0.37 µg/kg	1
Ochratoxin A	dried figs	Turkey, Spain	up 261.7 µg/kg	10
	raisins	Turkey, Uzbekistan	up 18.5 µg/kg	2
	fruit bars	Hungary	6.4 µg/kg	1
	dried paprika	Thailand	417 µg/kg	1
	pistachios	China, USA	up 59 µg/kg	3
	maize flour, polenta	Portugal, Bosnia and Herzegovina	up 7.7 µg/kg	2
	spice preparation	Pakistan, Turkey	up 76 µg/kg	2
	ground coffee	Kenya	up 15.4 µg/kg	2
Patulin	apple juice and mint	Italy	58 µg/kg	1

Reason for Notifying	Product	Country of Origin	Notes	Number
Heavy Metals / Other Metals				
Lead	sheep livers	UK	up 0.35 mg/kg	3
	wild boar meat	Spain	up 11 mg/kg	2
	ground cloves	Madagascar	1.7 mg/kg	1
	baby tea	Czech Rep.	0.70 mg/kg	1
	food supplement	India	4.1 mg/kg DM	1
Cadmium	sheep livers	UK		1
	cocoa powder	Netherlands, Italy	up 1.28 mg/kg	2
	red chili peppers, bell peppers	India, Poland	up 0.051 mg/kg	2
	dried spring onions	Germany	0.23 mg/kg	1
	beetroot leaves	Italy	0.19 mg/kg	1
	passion fruits	Angola	0.357 mg/kg	1
	rice	Italy and Hungary	0.2605 mg/kg	1
Mercury	fish / fish products	Spain, Indonesia, Ecuador	up 2.5 mg/kg	13
	cinnamon	Indonesia, Vietnam	up 0.043 mg/kg	2
	food supplement	India	up 2.6 mg/kg DM	2
Copper	rabbit liver	France	85 mg/kg	1
Other Contaminants / Residues				
Ethylene oxide, 2-Chloroethanol	cumin seeds, spice mix, psyllium husk powder, puffed rice	India		6
	spice mixture, paprika powder	Pakistan, Turkey		2
	bakery product	USA		1
	black beans	Madagascar		1
	calcium chloride solution	Germany		1
Chlorate	chicken meat products	China	up 1.22 mg/kg	22
Benzo(a)pyrene, PAH	smoked fish	Ghana	Benzo(a)pyrene: up 124 µg/kg; PAH: up 685 µg/kg	1
	black pepper, paprika powder, mixed spices, lovage roots	Turkey, Spain, China, Germany	Benzo(a)pyrene: up 28 µg/kg; PAH: up 140 µg/kg	4
	cocoa powder	Italy, Indonesia	Benzo(a)pyrene: up 27.8 µg/kg; PAH: 151.2 µg/kg	2
	sunflower oil	Turkey	Benzo(a)pyrene: 3.6 µg/kg; PAH: 15 µg/kg	1
	food supplement spirulina	Russia	PAH: 60.95 µg/kg	1

Reason for Notifying	Product	Country of Origin	Notes	Number
Mineral oil hydrocarbons	rice	Pakistan	MOAH: up 2.17 mg/kg	2
	candy	Netherlands	MOSH: 270 mg/kg	1
	pepper	Belgium	MOAH: 20.2 mg/kg	1
	cinnamon	Indonesia, Vietnam	MOAH: 1.5 mg/kg; MOSH/POSH: 24.9 mg/kg	2
Per- and polyfluorinated alkyl substances (PFAS)	skim milk concentrate	UK	PFOS: up 0.046 µg/kg	2
	bovine meat	Belgium	PFOS: up 5.0 µg/kg	2
Bis(2-ethylhexyl) terephthalate (DEHT)	organic peanut butter, vegetable salads	Ireland, Armenia		2
Acrylamide	cookies	Ukraine	up 686 µg/kg	2
	cereal based baby food	Belgium	234.9 µg/kg	1
	vegetable chips	Netherlands	5,000 µg/kg	1
3-Monochloro-1,2-propanediol (3-MCPD)	pastry	Sweden, Sri Lanka	up 4,000 µg/kg	2
	crystal ghee	Egypt	4,900 µg/kg	1
Glycidyl esters	pastry	Sweden, Sri Lanka	up 1,790 µg/kg	2
	chili oil, corn oil	China, Turkey	up 2,500 µg/kg	2
	crystal ghee	Egypt	3,900 µg/kg	1
Pyrrolizidine alkaloids (PA)	cumin	Turkey, Belgium, Spain, Lebanon	up 6,080 µg/kg	6
	oregano, lovage leaf	Turkey, Greece, Jordan, Germany	up 49,432.8 µg/kg	10
	mint tea, chamomile tea	Serbia, Czech Rep.	up > 8,550.5 µg/kg	2
	green tea	Germany	165 µg/kg	1
	pollen	Spain	up 1,430 µg/kg	2
	food supplement	Norway	1,100 µg/kg	1
	chili powder	Spain	2,790 µg/kg	1
Tropanic alkaloids	organic corn flower	France	Atropine: 57.2 µg/kg; Scopolamine: 5.3 µg/kg	1
	dried raspberry leaves	Albania	Atropine: 376 µg/kg; Scopolamine: 27.8 µg/kg	1
Shellfish toxins (DSP)	mussels	Portugal		1
Ergot alkaloids	whole grain pasta	Germany	216 µg/kg	1
	rye flour	Germany	692 µg/kg	1
Histamine	fish / fish products	India, Vietnam, Netherlands, Sri Lanka, Spain, Morocco, Indonesia, Seychelles	up 1,520 mg/kg	9

Reason for Notifying	Product	Country of Origin	Notes	Number
Hydrocyanic acid	apricot kernels	Pakistan	>150 mg/kg	1
	organic linseed	Egypt	284 mg/kg	1
Iodine	dried seaweed	South Korea, China	up 4,829 mg/kg DM	4
Nitrate	spinach	Italy	4,200 mg/kg	1
Pharmacological Active Substances				
Ampicillin	bacon	Belgien	>125 µg/kg	1
Diclofenac	veal meat	Netherlands	7.1 µg/kg	1
Hydroxyanthracene derivates (Aloin)	food supplement	Poland		1
Cannabidiol (CBD)	food supplement	UK		1
	CBD oil, CBD products	Czech Rep., Netherlands, France, Slovenia, Italy, Switzerland, unknown		8
	CBD drinks, soft drinks, rum	France, UK		3
	sweets	Switzerland		1
Hexahydrocannabinol (HHC)	sweets	Czech Rep., Netherlands		2
Tetrahydrocannabinol (THC)	CBD oil	Switzerland	994 mg/kg	1
	organic hemp seed oil	Lithuania	18.80 mg/kg	1
	CBD drink	Netherlands	0.33 mg/l	1
	hemp + protein mix, hemp powder	Germany, UK	up 147.9 mg/kg	2
	sweets	France, Czech Rep.	118.68 mg/kg	2
Tetrahydrocannabiphorol (THCP)	sweets, different products	unknown		4
Leucomalachite green	tilapia	Vietnam	0.51 µg/kg	1
Meloxicam	beef	Portugal	152 µg/kg	1
Morphine alkaloids	poppy seeds	Spain, Slovakia, Turkey	up 111 mg/kg	3
Tetracycline	prawns	Vietnam	Tetracycline: 267 µg/kg	1
Sibutramine	tea, food supplement	Turkey		2
Sildenafil	tea, herbal mix paste, food supplement	Turkey, UK, China		5
Nortadalafil	food supplement	Slovakia		1
Tadalafil	food supplement	Portugal, UK, Slovakia		3
Yohimbine	food supplement	USA, Switzerland, unknown		4

Reason for Notifying	Product	Country of Origin	Notes	Number
Unauthorised Colours				
Sudan I	sauce spicy	Russia		1
Sudan IV	palm oil	Ghana		2
Titanium dioxide (E 171)	food supplement	UK, Romania, Switzerland, Bulgaria		6
	sweets	Brazil, China, Spain, Ukraine		4
	breakfast cereals, syrup for use in beverages	USA, Taiwan		2
Miscellaneous				
Diluted nitric acid	yoghurt	France		1
Too high content of capsaicinoids	chips	India	up 2,956 mg/kg	1
	chili challenge products	USA		1
Parasitic infestation with Anisakis	fish / fish products	USA, Denmark, South Africa		5
GMO, not authorised	rice noodles	Vietnam		2
Unauthorised irradiation	dried goji berries, paprika, frog legs	China, Vietnam		3
Foodborne disease outbreak	oysters	France		2
	parsley	Italy		1
Pathogenic Germs				
Salmonella total: 85	meat / meat products (including poultry)			57
	mussels	Ireland		1
	eggs, sugared egg yolk	Germany, Czech Rep., Netherlands		3
	feta cheese	Greece		1
	sesame / sesame products	Uganda, India, Nigeria, Turkey		10
	pistachio paste, almond kernels, macadamias, walnuts	Italy, USA, Malawi		5
	moringa powder	Tanzania		1
	parsley leaves, black pepper, blackberry leaves, dandelion leaves, majoram, annatto seeds	Poland, Brazil, Albania, Poland (raw mat. Egypt), Cote d'Ivoire		6
	sprout mix	Finland (raw mat. Italy)		1
<i>Listeria monocytogenes</i>	meat / meat products (including poultry)	France, Germany, Hungary, Lithuania, Poland, Netherlands, Spain		12
	fish / fish products	Norway, France, Lithuania, Estonia		5
	shrimps, north sea crabs	India, Germany		2
	gorgonzola, cheese, raw milk sheep cheese, raw milk goat's cheese	Italy, France		10

Reason for Notifying	Product	Country of Origin	Notes	Number
	organic sprouts, soy sprouts	Netherlands		2
	ravioli with goat's cheese and honey	Italy		1
<i>Bacillus cereus</i>	calcini chicken, dried mushrooms, sprouted organic broccoli seeds	Netherlands, China, Germany		3
<i>Campylobacter spp.</i>	oysters	Netherlands		1
<i>Cronobacter sakazakii</i> , <i>Cronobacter spp.</i>	Infant formula	USA, Germany		3
Clostridium sulphite reducer	cooked sausage made from poultry	France		1
Shiga toxin-producing E.coli (STEC)	minced bovine meat, bos taurus cut	Netherlands, Brazil		2
	garlic sausage, salami with deer meat	Poland, Italy		2
	cheese, raw milk cheese, raw milk goat's cheese	France		5
	pizzadough and sauce	France		1
	goat's cheese salad, salad mix	Netherlands		2
Staphylococcus coagulase-positive	dried sausage, raw milk cheese	Belgium, France		2
<i>Vibrio vulnificus</i>	shrimps	Venezuela, Honduras, India, Ecuador		7
Norovirus	oysters, mussels	France, Netherlands, Spain		15

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